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#### Conflict, Communication, & De-escalation

#### General Managers & Operations Leaders July 12, 2025



Thinking about conflict... What slows you down? What stops you in your tracks? What takes it out of you? And what puts it back?





What is happening? Where is it coming from?

What's underneath and why is this an issue?

What does the other person want? <u>or</u> What do the parties involved want?

What are the absolutes around a path forward, informed by your leadership lens?

What do the desired solutions have in common? What is actually possible?

What are the opportunities?

What will actually happen and what steps can get us there?

When might I need to step away?



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# Planning and Prep



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# Before: Thinking and Preparing

Consider all you know about the situation – context, timing, parties involved (including power differentials, etc.)

Clarify what you hope/need/want to know and what you hope/need to convey

Identify the specific goals and outcomes (Inform? Negotiate? Defuse?)

Define your "floor" and "ceiling"

Check for any biases you might bring into the conversation

Think about what might be triggering for you and how you can prepare



#### During: Communicating and Respecting

Listen and paraphrase, while conveying respect and reinforcing safety Share observations – not judgment ("I saw," I heard" not "that was terrible") Acknowledge emotions and personal risk Share your/organizational stance and what is possible

Summarize as you go and especially at the end

### After: Showing Accountability

Follow up with summary of understandings Allow for input and endorsement Act on action items (This is what builds trust via accountability!)





What are practices you have tried (or witnessed) that you have found to be effective in communicating and addressing conflict?





## Actions You Plan to Take

## Tactics You Can Implement



### Feel free to be in touch...

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